

TRAINING TIMETABLE 2010 TERM 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Available For Hire 9am - 5.30pm	Available For Hire 9am - 5.30pm	Available For Hire 9am - 4.00pm	Available For Hire 9am - 4.00pm	Available For Hire 9am - 5.30pm	League Games	League Games
U10's 5.30-6.30pm	U14Red 5.30-6.30pm	Junior School League	Senior School League			Roller Derby 3.30-5.00pm
U12's 6.30-7.30pm	U16 Black/White 6.30-7.30pm			5.00-6.00pm		
U14 Black/White 7.30-8.30pm	U16Red 7.30-8.30pm			Public Skate 7pm - 9.30pm		Senior Grey 6.00-7.30pm
Roller Derby 8.30-10.00pm	U18's 8.30-10.00pm	Prem's 8.30-10.00pm	Senior Black /Red 8.30 - 10.00pm	Public Skate 7pm - 9.30pm		Senior Scrimmage U18 & Above 7.30-9.30pm

2010 Cleaning Roster

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Available For Hire 9am - 5.30pm	Available For Hire 9am - 5.30pm	Available For Hire 9am - 4.00pm	Available For Hire 9am - 4.00pm	Available For Hire 9am - 5.30pm	Sweep rink Clean public/ changing area/ Toilets	League Games
U10s 5.30-6.30pm Clean Toilets/Basins	U14Red 5.30-6.30pm Clean Public Area	Junior School League	Senior School League			Roller Derby 3.30-5.00pm
U12s 6.30-7.30pm Clean Scorebench/Stands	U16 Black/White 6.30-7.30pm Clean up Outside and Foyer			5.00-6.00pm		
U14 Black/White 7.30-8.30pm Clean Public Area	U16Red 7.30-8.30pm Sweep Rink before Start			Senior Grey 6.00-7.30pm Sweep Rink		
Roller Derby 8.30-10.00pm	U18's 8.30-10.00pm Clean Changing Area			Senior Black/Red 8.30 - 10.00pm Clean Changing Area		Public Skate 7pm - 9.30pm
					Sweep rink Clean public/ changing area/ Toilets	